

GALLON

QUART

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1 gallon = 4 quarts
 1 quart = 4 cups
 1 quart = 2 pints
 1 pint = 2 cups
 1 cup = 16 tbsp
 1 tbsp = 3 tsp

CUP

CUP

CUP

CUP

QUART

QUART

PINT

PINT

CUP

CUP

TBSP TBSP TBSP TBSP

TBSP TBSP TBSP TBSP

TBSP TBSP TBSP TBSP

TBSP TBSP TBSP TSP TSP

TBSP TBSP TBSP TSP

$\frac{1}{8}$ cup = 2 tbsp
 $\frac{1}{6}$ cup = 2 tbsp + 2 tsp
 $\frac{1}{5}$ cup \approx 3 tbsp + $\frac{2}{3}$ tsp
 $\frac{1}{4}$ cup = 4 tbsp
 $\frac{1}{3}$ cup = 5 tbsp + 1 tsp
 $\frac{3}{8}$ cup = 6 tbsp
 $\frac{2}{5}$ cup \approx 6 tbsp + $1\frac{1}{4}$ tsp
 $\frac{1}{2}$ cup = 8 tbsp
 $\frac{3}{5}$ cup \approx 9 tbsp + $1\frac{3}{4}$ tsp
 $\frac{5}{8}$ cup = 10 tbsp
 $\frac{2}{3}$ cup = 10 tbsp + 2 tsp
 $\frac{3}{4}$ cup = 12 tbsp
 $\frac{4}{5}$ cup \approx 12 tbsp + $2\frac{1}{2}$ tsp
 $\frac{5}{6}$ cup = 13 tbsp + 1 tsp
 $\frac{7}{8}$ cup = 14 tbsp