

GALLON

QUART

QUART

1 gallon = 4 quarts
 1 quart = 4 cups
 1 quart = 2 pints
 1 pint = 2 cups
 1 cup = 16 tbsp
 1 tbsp = 3 tsp

CUP

CUP

CUP

CUP

QUART

QUART

PINT

PINT

CUP

CUP

TBSP

TBSP

TBSP

TBSP

TBSP

TBSP

TBSP

TBSP

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TSP

TSP

$\frac{1}{8}$ cup = 2 tbsp

$\frac{1}{6}$ cup = 2 tbsp + 2 tsp

$\frac{1}{5}$ cup \approx 3 tbsp + $\frac{2}{3}$ tsp

$\frac{1}{4}$ cup = 4 tbsp

$\frac{1}{3}$ cup = 5 tbsp + 1 tsp

$\frac{3}{8}$ cup = 6 tbsp

$\frac{2}{5}$ cup \approx 6 tbsp + $1\frac{1}{4}$ tsp

$\frac{1}{2}$ cup = 8 tbsp

$\frac{3}{5}$ cup \approx 9 tbsp + $1\frac{3}{4}$ tsp

$\frac{5}{8}$ cup = 10 tbsp

$\frac{2}{3}$ cup = 10 tbsp + 2 tsp

$\frac{3}{4}$ cup = 12 tbsp

$\frac{4}{5}$ cup \approx 12 tbsp + $2\frac{1}{2}$ tsp

$\frac{5}{6}$ cup = 13 tbsp + 1 tsp

$\frac{7}{8}$ cup = 14 tbsp