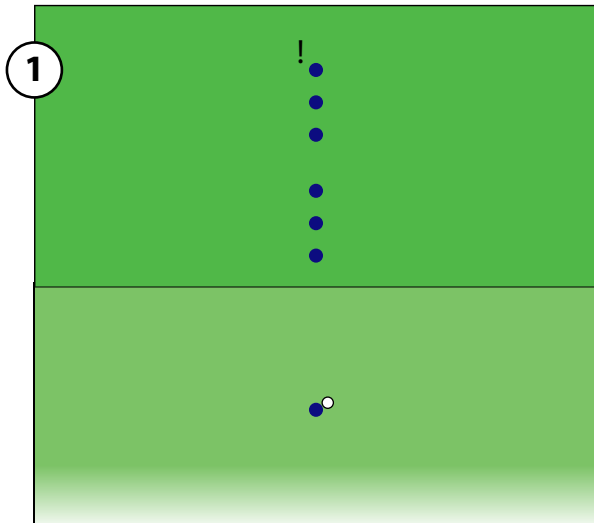
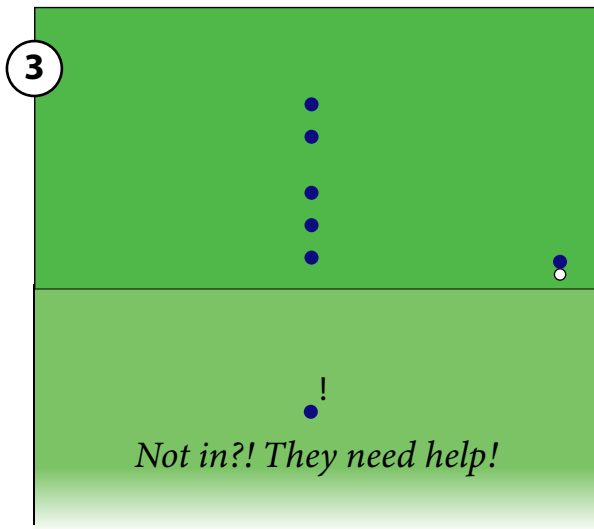
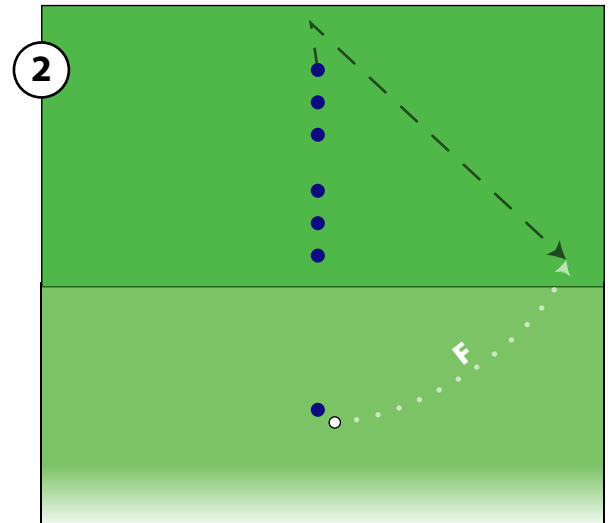


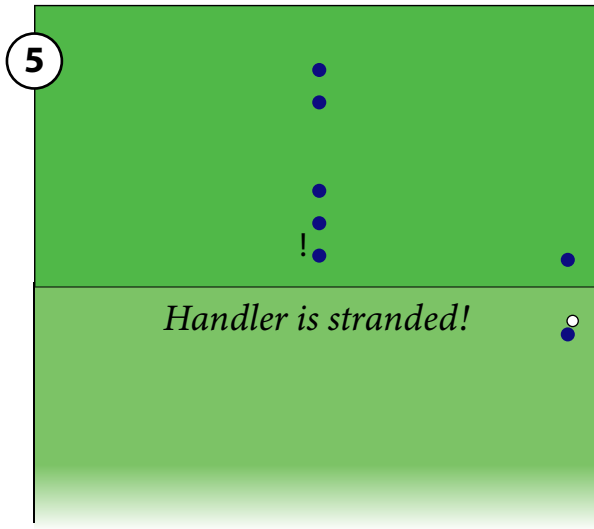
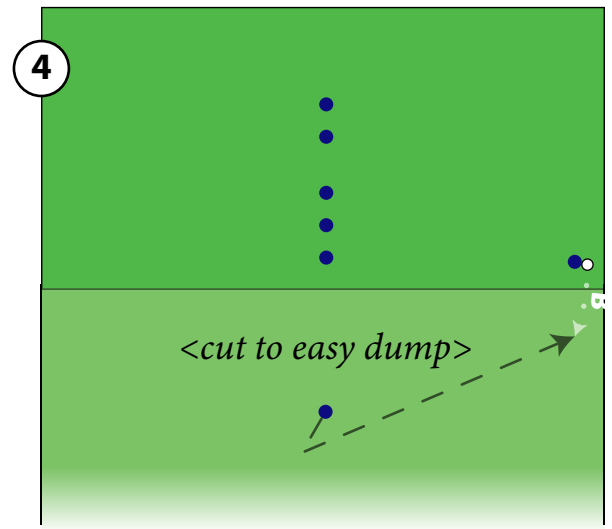
Ooh! Open space! I can score!



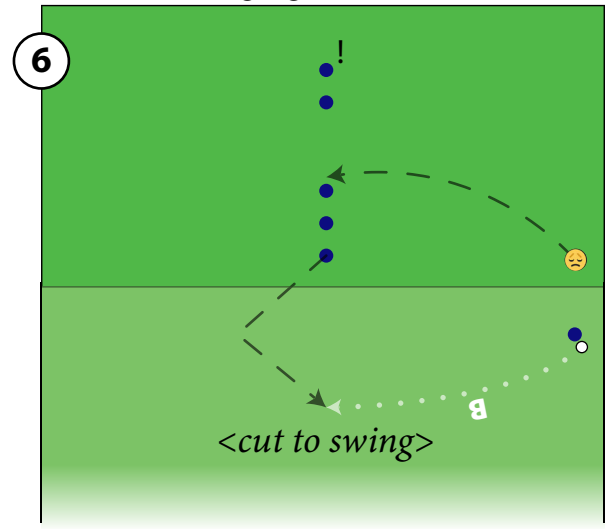
<cut to the cone>



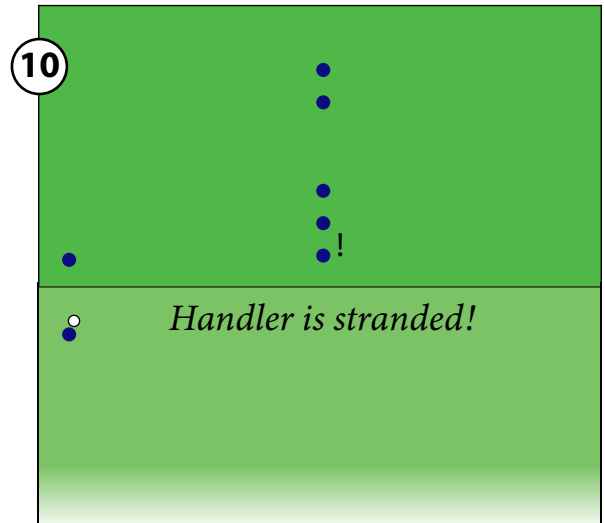
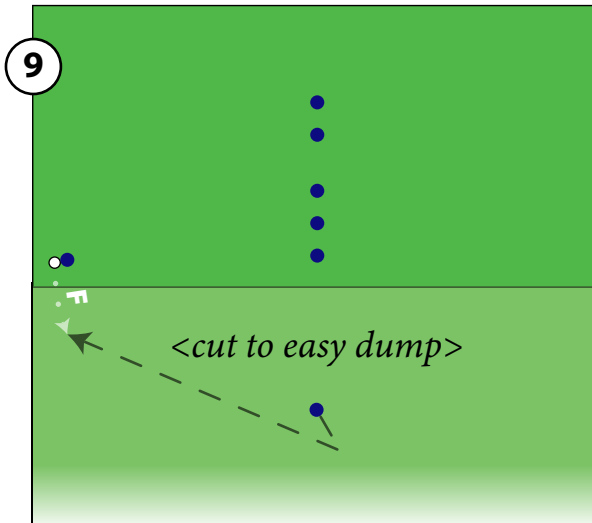
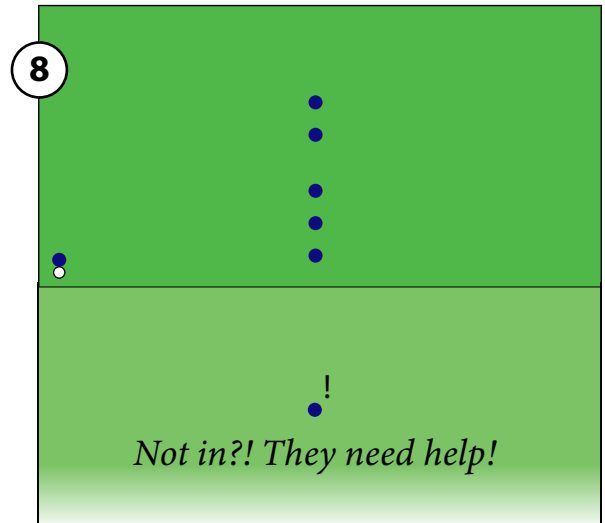
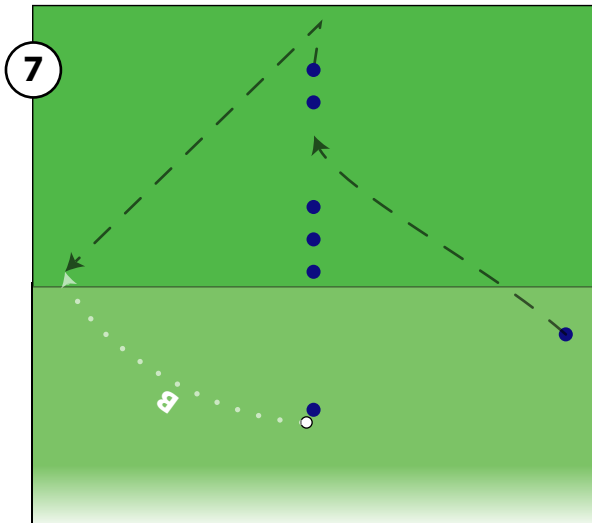
<cut to easy dump>



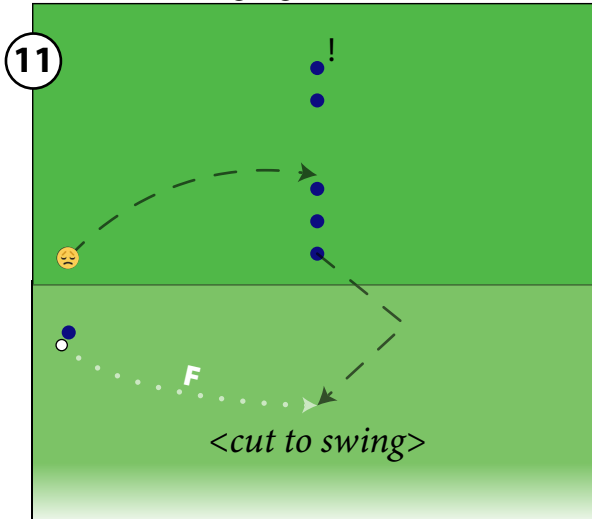
Disc is swinging! I should cut now!



<cut to the cone>



Disc is swinging! I should cut now!



*F/B are right-handed
Forehand and Backhand.*

*The goal is to keep your body between
the disc and the center of the field,
away from someone marking you.*

*When returning to the two stacks,
get at the end of whichever line
you didn't just come from.*